

Academic Curriculum Vitae

Degrees and Studies

- 7 January 2020 Habilitation in Indology and acquisition of the title “Privatdozent”, University of Leipzig. Title of the habilitation thesis: “Yoga as Philosophy and Religion: Studies in the *Pātañjalayogaśāstra* and in Sanskrit Textual Criticism”.
- 5 May 2004 Dr. phil., University of Bonn. Title of the dissertation: “*Samādhipāda*. Das erste Kapitel des *Pātañjalayogaśāstra* zum ersten Mal kritisch ediert”. [*Samādhipāda*. The first chapter of the *Pātañjalayogaśāstra* for the first time critically edited.] Dissertation: *egregia* (outstanding); *viva voce*: *summa cum laude* (with greatest praise). Supervisors: Professor Dr. Claus Vogel and Professor Dr. Albrecht Wezler.
- 1 November 1997 –
4 May 2004 Graduate studies at the University of Bonn. Subjects: Indology, Comparative Religious Studies and Tibetology.
- 29 October 1997 “Master of Arts”, University of Bonn. Subjects: Indology, Comparative Religious Studies and Tibetology. Aggregate mark: excellent (1,4). Title of the thesis: “Die Grundlagen der Yoga-Psychologie vor dem Hintergrund des Samādhipāda im *Pātañjalayogaśāstravivarāṇa*”. [The principles of Yoga psychology on the backdrop of the Samādhipāda of the *Pātañjalayogaśāstravivarāṇa*.]
- 1 April 1988 –
28 October 1997 Study of Indology, Comparative Religious Studies, Philosophy and Tibetology at the University of Bonn, Germany.

Employments

1 July 2016 – present	Wissenschaftlicher Mitarbeiter (research associate) in the DFG long-term project “Digitale kritische Edition des Nyāyabhāṣya” at the Institute for Indology and Central Asian Studies, University of Leipzig, Germany
1 October 2010 – 31 August 2016	Universitätsassistent (assistant professor) at the Department of South Asian, Tibetan and Buddhist Studies, University of Vienna, Austria
1 August 2007 – 30 September 2010	Full-time post-doc researcher in FWF Project P19866–G15 “Philosophy and Medicine in Early Classical India II” at the Department of South Asian, Tibetan and Buddhist Studies, University of Vienna, Austria
1 October 2004 – 31 July 2007	Full-time post-doc researcher in FWF Project P17300-GO3 “Philosophy and Medicine in Early Classical India” at the Institute for the Cultural and Intellectual History of Asia, Austrian Academy of Sciences, Vienna, Austria
1 April 2001 – 30 September 2004	Research associate at the Indological Institute, University of Bonn, Germany
1 November 1997 – 31 March 2001	Graduate assistant at the Indological Institute, University of Bonn, Germany
1 August 1992 – 31 July 1996	Student assistant at the Indological Institute, University of Bonn, Germany

Publications

a) Authored Book

- 2006 *Samādhipāda. Das erste Kapitel des Pātañjalayogaśāstra zum ersten Mal kritisch ediert. (Samādhipāda. The First Chapter of the Pātañjalayogaśāstra for the First Time Critically Edited)*. Aachen: Shaker, 2006 (Studia Indologica Universitatis Halensis) (Geisteskultur Indiens. Texte und Studien 9).

b) Edited Volumes

- 2018d Together with Karl Baier and Karin Preisendanz. *Yoga in Transformation: Historical and Contemporary Perspectives*. Vienna: Vienna University Press (Vienna Forum for Theology and the Study of Religions 16). doi: <https://doi.org/10.14220/9783737008624>
- 2017 Together with Elisa Freschi. *Adaptive Reuse: Aspects of Creativity in South Asian Cultural History*. Wiesbaden: Harrassowitz, 2017 (Abhandlungen für die Kunde des Morgenlandes 101). https://www.harrassowitz-verlag.de/dzo/artikel/202/920_202.pdf?t=1484909099
- 2010 Guest editor, together with Jürgen Hanneder. *Text Genealogy, Textual Criticism and Editorial Technique = Wiener Zeitschrift für die Kunde Südasiens 52–53* (2009–2010). doi: 10.1553/wzks2013-2014

c) Book Chapters

- 2018e Indian Medicine and Ayurveda. In: Alexander Jones, Liba Taub (eds.), *The Cambridge History of Science*. Vol. 1. *Ancient Sciences*. Cambridge etc.: Cambridge University Press, 2018, p. 532–549.
doi: <https://doi.org/10.1017/9780511980145.029>
- 2018a “*Sthirasukham Āsanam*”: Posture and Performance in Classical Yoga and Beyond. In: Karl Baier, Philipp A. Maas and Karin Preisendanz (eds.), *Yoga in Transformation: Historical and Contemporary Perspectives*. Vienna: Vienna University Press (Vienna Forum for Theology and the Study of Religions 16), p. 49–100. doi: <https://doi.org/10.14220/9783737008624.49>
- 2018b Together with Noémie Verdon. On al-Bīrūnī’s *Kitāb Pātanġal* and the *Pā-taṅjalayogaśāstra*. In: Karl Baier, Philipp A. Maas and Karin Preisendanz (eds.), *Yoga in Transformation: Historical and Contemporary Perspectives*. Vienna: Vienna University Press (Vienna Forum for Theology and the Study of Religions 16), p. 283–334. doi: <https://doi.org/10.14220/9783737008624.283>
- 2018c Together with Karl Baier and Karin Preisendanz. Introduction. In: Karl Baier, Philipp A. Maas and Karin Preisendanz (eds.), *Yoga in Transformation: Historical and Contemporary Perspectives*. Vienna: Vienna University Press (Vienna Forum for Theology and the Study of Religions 16), p. 7–17.
doi: <https://doi.org/10.14220/9783737008624.7>
- 2017b From Theory to Poetry: The Reuse of Patañjali’s *Yogaśāstra* in Māgha’s *Śi-śupālavadha*. In: Elisa Freschi and Philipp A. Maas (eds.), *Adaptive Reuse: Aspects of Creativity in South Asian Cultural History*. Wiesbaden: Harrassowitz

(Abhandlungen für die Kunde des Morgenlandes 101). p. 29–62.

- https://www.harrassowitz-verlag.de/dzo/artikel/202/920_202.pdf?t=1484909099
- 2017a Together with Elisa Freschi. Introduction: Conceptual Reflections on Adaptive Reuse. In: Elisa Freschi and Philipp A. Maas (eds.), *Adaptive Reuse: Aspects of Creativity in South Asian Cultural History*. Wiesbaden: Harrassowitz (Abhandlungen für die Kunde des Morgenlandes 101), p. 11–24. https://www.harrassowitz-verlag.de/dzo/artikel/202/920_202.pdf?t=1484909099
- 2014 Der Yogi und sein Heilsweg im Yoga des Patañjali. In: Karin Steiner (ed.), *Wege zum Heil(igen)? Sakralität und Sakralisierung in hinduistischen Traditionen*. Wiesbaden: Harrassowitz, p. 65–89.
- 2013b A Concise Historiography of Classical Yoga Philosophy. In: Eli Franco (ed.), *Periodization and Historiography of Indian Philosophy*. Vienna: Sammlung de Nobili (Publications of the De Nobili Research Library, 37), p. 53–90.
- 2013a On What to Do with a Stemma – Towards a Critical Edition of *Carakasamhitā* Vimānasthāna 8. In: Dominik Wujastyk, Anthony Cerulli, Karin Preisendanz (eds.), *Medical Texts and Manuscripts in Indian Cultural History*. New Delhi: Manohar Publishers, p. 29–61. Second, thoroughly corrected and revised edition of 2009b.
- 2010c On the Written Transmission of the *Pātañjalayogaśāstra*. In: Johannes Bronkhorst and Karin Preisendanz (eds.): *From Vasubandhu to Caitanya*. Studies in Indian Philosophy and its Textual History. Delhi etc.: Motilal Banarsidass (Papers of the 12th World Sanskrit Conference 10.1), p. 157–172.
- 2010a Valid Knowledge and Belief in Classical Sāṅkhya Yoga. In: Piotr Balcerowicz (ed.), *Logic and Belief in Indian Philosophy*. Delhi etc.: Motilal Banarsidass (Warsaw Indological Studies 3), p. 371–380.
- 2009a The So-called Yoga of Suppression in the *Pātañjala Yogaśāstra*. In: Eli Franco (ed.) in collaboration with Dagmar Eigner, *Yogic Perception, Meditation, and Altered States of Consciousness*. Vienna: Verlag der Österreichischen Akademie der Wissenschaften (Sitzungsberichte der phil.-hist. Klasse 794 = Beiträge zur Kultur- und Geistesgeschichte Asiens 64), p. 263–282.
- 2008c A Phylogenetic Approach to the Transmission of the Tibetan Kanjur — The *Akṣayamatīnirdeśa* Revisited. In: Dragomir Dimitrov *et al.* (eds.), *Bauddhasāhityastabakāvalī*. Essays and Studies on Buddhist Sanskrit Literature. Dedicated to Claus Vogel by Colleagues, Students, and Friends. Marburg: Indica et Tibetica (Indica et Tibetica 36), p. 229–243.
- 2008b ‘Descent with Modification’: The Opening of the *Pātañjalayogaśāstra*. In: Walter Slaje (ed.), with a Preface by Edwin Gerow, *Śāstrārambha*. Inquiries into the

Preamble in Sanskrit. Wiesbaden: Harrassowitz (Abhandlungen für die Kunde des Morgenlandes 62), p. 97–119.

d) Articles in Journals

- 2017c *Rasāyana* in Classical Yoga and Ayurveda. *History of Science in South Asia* 5.2, p. 66–84. doi: <https://doi.org/10.18732/hssa.v5i2.32>
- 2015 On Discourses of Dharma and the *Pañcatantra*. *Wiener Zeitschrift für die Kunde Südasiens* 55 (2013–2014), p. 5–31. doi: 10.1553/wzks2013-2014s5
- 2011 On the Position of Classical Āyurveda in South Asian Intellectual History According to Global Ayurveda and Modern Research. *Horizons: Seoul Journal of Humanities* 2,1, p. 113–126.
- 2010d Computer Aided Stemmatics. The Case of Fifty-Two Text Versions of *Carakasamhitā* Vimānasthāna 8.67–157. In: Jürgen Hanneder and Philipp A. Maas (guest eds.), *Text Genealogy, Textual Criticism and Editorial Technique* = *Wiener Zeitschrift für die Kunde Südasiens* 52–53 (2009–2010), p. 63–119. doi: 10.1553/wzks2009-2010
- 2010e On What Became of the *Carakasamhitā* after Dṛḍhabala’s Revision. *eJournal of Indian Medicine* 3, p. 1–22. <https://indianmedicine.nl/article/view/24728/22178>
- 2009b Towards a Critical Edition of the *Carakasamhitā* Vimānasthāna — First Results. *Indian Journal of History of Science* 44.2, p. 163–185.
- 2008a The Concepts of the Human Body and Disease in Classical Yoga and Āyurveda. *Wiener Zeitschrift für die Kunde Südasiens* 51 (2007/2008), p. 125–162. https://www.jstor.org/stable/24007716?seq=1#page_scan_tab_contents
- 2003 Zur Stellung zweier Handschriften des tibetischen *Akṣayamatīnirdeśasūtra* aus Mustang innerhalb der kanonischen Überlieferung. *Zentralasiatische Studien* 32, p. 11–34.

e) Online Publications

- 2019 The Pātañjalayogaśāstra alias the Yogasūtra and the Yogabhāṣya. A contribution to the open online resource Sahapedia at <https://www.sahapedia.org/patanjalayogasastra-alias-yogasutra-and-yogabhasya>

f) Catalogue Entries

- 2012c Volume 17 *mdo bsde, dza* Acc. No. 20.483, in: Helmut Eimer (ed.): *A Catalogue of the Kanjur Fragment from Bathang Kept in the Newark Museum*. Wien: Arbeitskreis für tibetische und buddhistische Studien der Universität Wien, 2012 (Wiener Studien zur Tibetologie und Buddhismuskunde 75), p. 76–85.
- 2012b (together with Helmut Eimer) Volume 11 *mdo bsde, ta* Acc. No. 20.488, in: Hel-

mut Eimer (ed.): *A Catalogue of the Kanjur Fragment from Bathang Kept in the Newark Museum*. Wien: Arbeitskreis für tibetische und buddhistische Studien der Universität Wien, 2012 (Wiener Studien zur Tibetologie und Buddhismuskunde 75), p. 34–37.

2012a Volume 10 *mdo bsde, ja* Acc. No. 20.491, in: Helmut Eimer (ed.): *A Catalogue of the Kanjur Fragment from Bathang Kept in the Newark Museum*. Wien: Arbeitskreis für tibetische und buddhistische Studien der Universität Wien, 2012 (Wiener Studien zur Tibetologie und Buddhismuskunde 75), p. 21–34.

g) Podcasts and YouTube Videos

2017 On Caraka’s Account of the Origin of Rasāyana. A YouTube Video by the ERC-funded project AyurYog (duration: 30:37 min. <http://www.youtube.com/watch?v=0q4OJNcRIuc>).

2017 Rasāyana in Classical Sāṅkhya Yoga: A YouTube Video by the ERC-funded project AyurYog (duration: 24:09 min. <http://www.youtube.com/watch?v=GKOP8DGYc4Q>).

2016 “Philipp Maas on Yoga”. A podcast at “History of Philosophy. Without gaps” from the University of Munich and King’s College, London (duration: 29:37 min. <http://www.historyofphilosophy.net/yoga-maas>).

2016 “Once More on Postures in the *Pātañjala Yogaśāstra*”. A screening of the presentation at Loyola Marymount University, Los Angeles, U.S.A. on 10 April 2015 (duration: 53:08 min. <http://tinyurl.com/j4tbyof>).

h) Articles and Book Chapters Submitted for Publication / in Print

2020 Efficacy Matters: Human Sacrifice, Karma and Asceticism in Jantu’s Tale of the *Mahābhārata*. In: Marcus Schmücker and Sven Sellmer (eds.), *Fate, Freedom, and Prognostication in Indian Traditions*. Leiden. Ca. 28 p.

2020 “Pātañjalayogaśāstra.” In: Knut Jacobsen (ed.), *Brill’s Encyclopaedia of Hinduism*. 8 p.

2020 Humoral Constitutions in the *Carakasamhitā*. In T. L. Knudsen et al. (eds.), *Body and Cosmos: Studies in Honor of Kenneth G. Zysk*. Leiden, Boston: Brill, ca. 20 p.

i) Authored Book in Preparation

- 2021 together with Karin Preisendanz and Cristina Pecchia. *Philosophy and Medicine in Early Classical India*. The *Carakasamhitā* Vimānasthāna 8 for the first time critically edited [working title]. Vienna: Austrian Academy of Sciences. (Two volumes, ca. 600 p.)

Academic Lectures

- 8 February 2020 Invited Lecture at the conference “Textual and Visual Sources on Buddhist Meditation: Fifty-Six Years after the first Publication of the ‘Buddhist Yoga Manual’” at the Karl Jaspers Centre for Advanced Transcultural Studies, University of Heidelberg “The *Brahmavihāra*-s or *Apramāṇa*-s and the Yoga of Patañjali”.
- 7 January 2020 Inaugural Lecture (Antrittsvorlesung) at the faculty of History, Art and Oriental Studies at the University of Leipzig: “Humoralkonstitutionen in der *Carakasamhitā* [Humoural Constitutions in the *Carakasamhitā*]”.
- 10 December 2019 Lecture at the habilitation colloquium in the faculty of History, Art and Oriental Studies at the University of Leipzig: “Die religiöse Ausrichtung und Kulturelle Identität des frühklassischen Āyurveda [The Religious Orientation and Cultural Identity of Early Classical Āyurveda]”.
- 29 June 2019 Invited Lecture at the workshop “Prajñākaragupta and Yamari”, University of Leipzig: “A Digital Critical Edition of the *Nyāyabṣya*: Philological Aspects”.
- 27 November 2018 Invited Lecture at SOAS, University of London. “The Yoga of Reasoning: Soteriology and Spiritual Practice in the *Nyāyabhāṣya*”.
- 10 July 2018 17th World Sanskrit Conference, Vancouver. “On the Relation of the *Pātāñjalayogaśāstra* and the *Nyāyabhāṣya*”.
- 13 October 2017 Invited Lecture at the Institute for South Asian, Tibetan and Buddhist Studies, University of Vienna: “Körperhaltung und Meditationspraxis im frühen Buddhismus und im Yoga des Patañjali [Posture and Meditation Practice in Early Buddhism and in the Yoga of Patañjali]”.
- 20 September 2017 33rd Deutscher Orientalistentag, Jena. “Das Verhältnis von *Pā-*

tañjalayogasāstra und *Nyāyabhāṣya*: Einige Beobachtungen [The Relationship of the *Pātañjalayogasāstra* and the *Nyāyabhāṣya*:

- Some Observations]”.
- 1 August 2017 Conference “Medicine and Yoga in South and Inner Asia: Body Cultivation, Therapeutic Intervention and the Sowa Rigpa Industry” at the Department of South Asian, Tibetan and Buddhist Studies, University of Vienna. “On Caraka’s Account of the Origin of *rasāyana*”.
- 31 July 2017 Workshop “The *Nyāyabhāṣya*: Its Critical Edition, Related Aspects of Digital Humanities, and its Place in the History of Nyāya Philosophy” at Department of South Asian, Tibetan and Buddhist Studies, University of Vienna. “On the Written Transmission of *Nyāyabhāṣya* 3.1.1–35”.
- 24 May 2017 “The Future of Digital Texts in South Asian Studies – A SARIT Workshop” at the Institute for the Cultural and Intellectual History of Asia, Austrian Academy of Sciences, Vienna. “Sanskrit Textual Criticism in the Digital Age – Will Really Everything Change?”.
- 25 November 2016 Workshop “Vision and Visuality in Buddhism and Beyond”, University of Zurich. “On the Meaning of *jhāna* and *dhyāna* ‘Meditation’ in Early Buddhism, the Mokṣadharmaparvan of the *Mahābhārata*, and in Classical Yoga Philosophy”.
- 21 October 2016 Workshop “Rejuvenation, longevity, immortality. Perspectives on *rasāyana*, *kāyakaḥ* and *bud len* practices” organised by the ERC funded project AyurYog at the Department of South Asian, Tibetan and Buddhist Studies, University of Vienna, Austria. “*Rasāyana* in Classical Sāṅkhya-Yoga”.
- 13 September 2016 “Sanskrit Texts on Yoga. A Manuscript Workshop” SOAS, University of London, and All Souls College, University of Oxford. Organized by the ERC funded project “The Haṭha Yoga Project”. “Some Methodological Considerations on Research in the Textual History of the *Pātañjalayogaśāstra*”.
- 26 August 2016 Workshop “Commentaries” at the Max Planck Institut für Wissenschaftsgeschichte, Berlin. “The Generation and Transmission of Medical Knowledge in Early Classical India”.
- 21 May 2016 International Academic Conference “*Yoga darśana yoga sādhana*. Traditions, transmissions, transformations” at the Institute for the Study of Religions, Jagiellonian University, Krakow. “On the Authorship of the *Pātañjalayogaśāstra*”.

19 May 2016

International Academic Conference “*Yoga darśana yogasādhana.*
Traditions, transmissions, transformations” at the Institute for the

- Study of Religions, Jagiellonian University, Krakow. “Keynote session 1 (with Michel Angot) “General patterns of emergence of sanskritic traditions, with special reference to problems of authorship in relation to the Yogasūtra/ Pātañjalayogaśāstra“.
- 8 April 2016 Dipartimento di Studie sull’Asia e sull’Africa Mediterranea, University of Venice. “Viṣṇu in Venice. On the Influence of the *Pañcatantra* on Boccaccio’s Decameron”.
- 4 March 2016 “Digital Textualities in South Asia: A Research Symposium”. Department of Asian Studies, University of British Columbia, Vancouver. “Towards a Critical Edition of the *Pātañjalayogaśāstra* in Digital and Print Format”.
- 2 March 2016 Department of History and Classics, University of Alberta, Edmonton. “On the Influence of Sanskrit Literature on Early Modern European Literature”.
- 30 June 2015 16th World Sanskrit Conference, Bangkok. Thematic panel “The *Carakasamhitā* as a Mirror of South Asian Cultural History”. □ “Āyurvedic approaches to reality as reflected in the *Carakasamhitā* and its origin myth of *rasāyana*”.
- 21 June 2015 Public lecture at the University of Vienna on the occasion of the First International Day of Yoga and upon invitation by the Indian Embassy in Austria: “Woher kommt der Yoga, und wo führt er hin? [From where Does Yoga Come, and where Does it Lead?]”.
- 10 April 2015 Roundtable conference “Thinking the Yoga Sutra – Translation, Interpretation” Loyola Marymount University, Los Angeles, U.S.A. “Once More on Postures in the *Pātañjalayogaśāstra*”.
- 17 November 2014 International Conference “On the Road in the Name of Religion II: Ways and Destinations in Comparative Perspectives – Medieval Europe and Asia, San Millán de Cogolla, Spain. “A Pilgrimage Myth in the Great Sanskrit Epic and Conflicting Causalities in Early South Asian Religious History”.
- 23 August 2014 17. Congress of the International Association of Buddhist Studies, Vienna. “Sarvāstivāda Abhidharma and the Yoga of Patañjali”.
- 26 May 2014 Vortragsreihe “Perspektiven auf den Buddhismus” am Zentrum für Buddhismusforschung der Ludwig-Maximilians-Universität München: “Der menschliche Körper im Yoga des Patañjali [The human body according to the Yoga of Patañjali]”.

29 April 2014

Institute des Langues et Civilisations slaves et de l'Asie du Sud,

- University of Lausanne: “Sanskrit Textual Criticism: Aims, Methods and Problems”.
- 4 December 2013 International Consortium for Research in the Humanities, Workshop: “Fate, Freedom, and Prognostication in Indian Traditions” at the Friedrich-Alexander University of Erlangen-Nürnberg: “A Hierarchy of Conflicting Causes for Destiny in the Jantūpākhyāna of the *Mahābhārata*”.
- 24 September 2013 32. Deutscher Orientalistentag, Münster. Thematic panel “Adaptive Reuse of Texts, Ideas, and Images” “On Yoga in the *Śiśupālavadhā*”.
- 23 September 2013 32. Deutscher Orientalistentag, Münster. Thematic panel “Adaptive Reuse of Text Ideas and Images” “General Introduction” (together with Elisa Freschi).
- 19 September 2013 International Conference “Yoga in Transformation. Historical And Contemporary Perspectives on a Global Phenomenon.” “On Postures in the *Pātañjalayogaśāstra*”.
- 11 December 2012 Sechstes Würzburger Kolloquium. Wege zum Heil(igen)? „Sakralität“ und „Sakralisierung“ in hinduistischen religiösen Traditionen: “Der Stufenweg zur völligen Befreiung im *Pātañjalayogaśāstra* [The Step Path to Complete Liberation in the *Pātañjalayogaśāstra*]”.
- 13 October 2012 The Annual Conference of South Asia, Madison, Wisconsin, Panel “The Rich History of a Sanskrit Medical Treatise: Manuscripts - Texts - Ideas”: “On the stemmatic position of the text version transmitted in a South Indian fragment of the *Carakasamhitā*”.
- 29 September 2012 International Conference “The *Pañcatantra* Across Cultures and Disciplines,” at the Sächsische Akademie der Wissenschaften zu Leipzig. “Viṣṇu in Venice”.
- 24 August 2012 Japan-Austria International Symposium on Transmission and Tradition. The Meaning and the Role of “Fragments” in Indian Philosophy. Shinshu University, Matsumoto, Japan. “Once more on Pañcaśikha and his Fragments”.
- 4 February 2012 Guest lecture at the University of Würzburg, Germany, invited by the DFG-Forschergruppe “Sakralität und Sakralisierung in Mittelalter und früher Neuzeit. Interkulturelle Perspektiven aus Asien und Europa”: “Erlösung zu Lebzeiten im *Pātañjalayoga-*

śāstra [Liberation while Living in the *Pātañjalayogaśāstra*].

- 1 February 2012 International Consortium for Research in the Humanities, Workshop: “Fate, Freedom, and Prognostication in Indian Traditions” at the Friedrich-Alexander University of Erlangen-Nürnberg: “A Hierarchy of Conflicting Causes for Destiny – The Jantūpākhyāna of the *Mahābhārata* in its Contexts”.
- 26 March 2011 Workshop “Information Technologies and Innovation in Sanskrit Based Indian Studies”, University of Vienna, Department for South Asian, Tibetan and Buddhist Studies: “On Solving the Problem of Textual Contamination”.
- 7 December 2010 University of Vienna, Department for South Asian, Tibetan and Buddhist Studies: “An Introduction to Computer Aided Stem-matics”.
- 13 November 2010 “Asian Diversity in a Global Context”. Annual Conference of the Asian Dynamics Initiative, Copenhagen, Denmark, Panel “The transmission of Sanskrit medical literature in India”. “Early Sāṅkhya in the *Carakasamhitā* and in Aśvaghoṣa’s *Buddhacarita*”.
- 11 September 2009 Third World History Class with Scholars, I’PARKmall Culture Center, Seoul, South Korea: “Yoga and Āyurveda: From Classical India to a Globalized World”.
- 10 September 2009 Seoul National University, South Korea: “Censorship in Early Mediaeval India — Two Versions of the *Pañcatantra* Story ‘The Weaver as Viṣṇu’”.
- 9 September 2009 Seoul National University, South Korea: “An Introduction to Modern Text Genealogy with Special Reference to the *Carakasamhitā* Vimānasthāna”.
- 3 September 2009 14th World Sanskrit Conference, Kyoto, Panel “On the Historiography and Periodization of Indian Philosophy”: “On Writing the History of the *Pātañjalayogaśāstra*”.
- 1 September 2009 14th World Sanskrit Conference, Kyoto, Panel “Physicians and Patients: Textual Representations in Pre-Modern South Asia”: “The Examination of the Patient’s Constitution According to the *Carakasamhitā* Vimānasthāna”.
- 9 July 2009 Symposium “Āyurveda in Post-classical and Pre-Collonial India”, IAS, Leiden: “What Happened to the *Carakasamhitā* Vimānasthāna? The Transmission of an Early Classical Work in Pre-modern Times”.

22 August 2008

International Conference “The History of Medicine in India”,

- Coimbatore, Tamil Nadu: “Towards a Critical Edition of the *Carakasamhitā* Vimānasthāna — First Results”.
- 25 September 2007 30th Deutscher Orientalistentag, Freiburg i.Br., Panel “Textgenealogie, Textkritik und Editionstechnik”: “Building a Stemma of the *Carakasamhitā* with the Computer: Chances and Limits”.
- 8 February 2007 Institute of Post Graduate Teaching and Research, Gujarat Ayurved University, Jamnagar, India: “Philosophy and Medicine in Early Classical India”.
- 15 January 2007 International Seminar on the Textual Tradition of Ayurveda, Shree Shankaracharya University of Sanskrit, Kalady, India: “The *Carakasamhitā* Vimānasthāna: Manuscripts and Lines of Transmission”.
- 10 July 2006 13th World Sanskrit Conference, Edinburgh, Panel “Śāstrārambha”: “Opening the *Pātañjalayogaśāstra*”.
- 28 June 2006 Symposium “Yogic Perception, Mediation, and Altered States of Consciousness”, Institute for the Cultural and Intellectual History of Asia, Austrian Academy of Sciences, Vienna: “Two Types of Meditative Concentration (*samādhi*) in Classical Sāṅkhya Yoga”.
- 2 May 2006 International Seminar “Logic and Belief in Indian Philosophy”, Warsaw University, Poland: “Valid Knowledge and Belief in Classical Sāṅkhya-Yoga”.
- 13 January 2005 Department of South Asian, Tibetan, and Buddhist Studies, University of Vienna: “Studien zur Überlieferung des *Pātañjalayogaśāstra* [Studies in the Transmission of the *Pātañjalayogaśāstra*]”.
- 6 November 2004 Workshop cum symposium “Classical Indian Medicine: Text and Meaning”, The Wellcome Trust Centre for the History of Medicine at the University College London: “On the Conception of Disease (*vyādhi*) in Classical Yoga Philosophy”.
- 23 October 2004 29. Deutscher Orientalistentag, Halle: “Pūrṇabhadras Rezension der Erzählung ‚Der Weber als Viṣṇu‘ (*Pañcākhyāna* I.viii) [Pūrṇabhadras recension of the story ‘The Weaver as Viṣṇu’ (*Pañcākhyāna* I.viii)]”.
- 15 July 2003 12th World Sanskrit Conference, Helsinki: “On the Written Transmission of the *Pātañjalayogaśāstra*”.
- 14 November 2002 Department of Classical Indology, South Asia Institute, University

of Heidelberg: "Wandlung und Konstanz: Grundlagen des

- Sāṅkhya- und des Yoga-Systems [Transformation and Permanence: Foundations of the Sāṅkhya and Yoga System]”.
- 28 March 2001 28. Deutscher Orientalistentag, Bamberg: “Opfer, *karman* und Askese im *Jantūpākhyāna* [Sacrifice, *karman*, and Asceticism in the *Jantūpākhyāna*]“.
- November 1999 Lecture cycle “Buddhism in Asia”, Centre for Asian Studies, University of Bonn: “Zur buddhistisch-brahmanischen Ātman-Kontroverse [On the Buddhist-Brahmanical Ātman-debate]”.
- 1 October 1998 27. Deutscher Orientalistentag, Bonn: “Magnetismus im Yogaśāstra [Magnetism in the Yogaśāstra]“.

Teaching

- Indological Institute / Department of Indology, University of Bonn [B]
 Department for History and Classics, University of Alberta, Edmonton [E]
 Department for Indology and Tibetology, Georg-August University, Göttingen [G]
 Abteilung für Kultur und Geschichte Indiens und Tibets des Afrika-Asien-Instituts, Universität Hamburg [H]
 Department for Indology and Central Asian Studies, University of Leipzig [Lei]
 SOAS, University of London [Lo]
 Dipartimento Istituto Italiano di Studi Orientali, University of Rome; La Sapienza [R]
 Department for South Asian, Tibetan and Buddhist Studies, University of Vienna [V]
 Dipartimento di Studie sull’Asia e sull’Africa Mediterranea, University of Venice [Ve]
- 28 November 2018 Sanskrit Reading Room: The Mandhātṛ-Upākhyāna of the Mahābhārata and the Development of Neo-Brahmanism in Early Classical South Asia (2 hours). [Lo]
- 15 November 2018 Vorlesung: Sanskrit vom Feinsten: Schauspiel und Kunstdichtung [Lecture: Sanskrit at its Best: Drama and Poetry] (2 hours). [Lei]
- 29 August 2018 Vorlesung: Die Rezeption der frühbuddhistischer Meditationshaltung im *Pātañjalayogaśāstra* [Lecture: The Reception of the Early Buddhist Meditation Posture in the *Pātañjalayogaśāstra*] (2 hours). [H]
- 26 October 2017 Vorlesung: Das alte Indien [Lecture: Ancient India] (2 hours). [Lei]
- SS 2016 Übung (MA): Die Kaṭha-Upanishad, ein frühes Yoga-Werk? [Practical course (MA-level): The Kaṭha-Upanishad, an early work of Yoga?] (2 hours/week). [V]

- SS 2016 Practical course (MA-level): Classical Yoga in historical and philological research (6 hours). [Ve]
- SS 2016 Seminar: Das Weltbild des frühklassischen Ayurveda: Philologische Aspekte [Seminary (BA-level): The world view of early classical Ayurveda: Philological aspects] (1 hour/week). [V]
- SS 2016 Seminar: Das Weltbild des frühklassischen Ayurveda aus kulturgeschichtlicher und religionswissenschaftlicher Sicht [Seminary (BA-level): The world view of early classical Ayurveda from the perspectives of cultural history and religious studies] 1 hour/ week). [V]
- 1 March 2016 Seminary (□A-level): The Religious History of South Asia as Mirrored in the Muṇḍaka-Upanishad (2 hours). [E]
- WS 2015/2016 Übung (MA): Die Gotteslehre des klassischen Yoga [Practical course (MA-level): The doctrine of God in classical Yoga] (2 hours/week). [V]
- WS 2015/2016 Vorlesung: Einführung in die Indologie [Lecture: Introduction to Indology] (2 hours/week). [V]
- SS 2015 Seminar: Religion und Philosophie in den erzählenden Partien des Mahābhārata. Religionswissenschaftliche und philosophische Grundlagen [Seminary (BA-level): Religion and Philosophy in the narrative parts of the Mahābhārata. The Religious and philosophical foundations] (1 hour/week). [V]
- SS 2015 Seminar: Religion und Philosophie in den erzählenden Partien des Mahābhārata. Philologische Grundlagen [Seminary (BA-level): Religion and Philosophy in the narrative parts of the Mahābhārata. Philological foundations] (1 hour/week). [V]
- WS 2014/2015 Vorlesung: Einführung in die Indologie [Lecture: Introduction to Indology] (2 hours/week). [V]
- WS 2014/2015 Übung (MA): Körperhaltungen und Atemregulation im klassischen Yoga [Practical course (MA-level): Bodily Postures and Breath Control in Classical Yoga] (2 hours/week). [V]
- SS 2014 Übung (MA): Meditationsstrukturen im klassischen Yoga [Practical course (MA-level): Structures of Meditation in Classical Yoga] (2 hours/week). [V]

- SS 2014 Seminar: Theorien zum Ursprung indischer Karma-Vorstellungen. Philologische Grundlagen. [Seminary (BA-level): Theories on the Origin of Indian Karma Conceptions. The philological basis] (1 hour/week). [V]
- SS 2014 Seminar: Theorien zum Ursprung indischer Karma-Vorstellungen. Religionswissenschaftliche Grundlagen. [Seminary (BA-level): Theories on the Origin of Indian Karma Conceptions. The religious foundations] (1 hour/week). [V]
- WS 2013/2014 Übung (MA): Religion und Philosophie in Māghas *Śisūpālavadhā* [Practical course (MA-level): Religion and Philosophy in Māgha's *Śisūpālavadhā*] (2 hours/week). [V]
- WS 2013/2014 Vorlesung: Einführung in die Indologie [Lecture: Introduction to Indology] (2 hours/week). [V]
- SS 2013 Seminar: Karma und Wiedergeburt im indischen Denken aus philologisch-historischer Sicht. [Seminary (BA-level): Karma and Rebirth in Indian Thought From a Historical and Philological Perspective] (1 hour/week). [V]
- SS 2013 Seminar: Karma und Wiedergeburt im indischen Denken aus religionswissenschaftlicher und philosophischer Sicht. [Seminary (BA-level): Karma and Rebirth in Indian Thought From the Perspective of Comparative Religious Studies and Philosophy.] (1 hour/week). [V]
- SS 2013 Lecture: (MA): Once again on the authorship of the *Pātañjala Yogaśāstra* (2 hours). [R]
- SS 2013 Seminary (MA): The classification of Yogis according to their spiritual progress in *Pātañjala Yogaśāstra* 3.51 and 2.27 (3 hours). [R]
- WS 2012/2013 Seminar (MA): Das klassische Sāṅkhya. [Seminary (MA-level): Classical Sāṅkhya] (2 hours/week). [V]
- WS 2012/2013 Vorlesung: Einführung in die Indologie [Lecture: Introduction to Indology] (2 hours/week). [V]
- SS 2012 Vorlesung: Die Philosophie des klassischen Yoga [Lecture: Classical Yoga Philosophy] (2 hours/week). [G]
- SS 2012 Seminar: Dharma-Konflikte im *Pañcatantra*. Grundlagen. [Seminary (BA-level): Dharma-Conflicts in the *Pañcatantra*. Basics] (1 hour/week). [V]

- SS 2012 Seminar: Dharma-Konflikte im *Pañcatantra*. Lektüre ausgewählter Textpassagen. [Seminary (BA-level): Dharma-Conflicts in the *Pañcatantra*. Reading of selected text passages] (1 hour/ week). [V]
- SS 2012 Übung (MA): Yoga und Askese in der indischen Kunstdichtung [Practical course (MA-level): Yoga and Asceticism in Kāvya-Literature] (2 hours/week). [V]
- WS 2011/2012 Übung (MA): Der achtgliedrige Yoga im *Pātañjala Yogaśāstra* nach ausgewählten Druckausgaben, Handschriften und den Kommentaren [Practical course (MA-level): The Yoga of eight limbs in the *Pātañjala Yogaśāstra* according to selected printed editions, manuscripts, and the commentaries] (2 hours/week). [V]
- WS 2011/2012 Vorlesung (BA): Einführung in die Indologie [Lecture (BA-level): Introduction to Indology] (2 hours/week). [V]
- SS 2011 Übung (MA): Ausgewählte Episoden der Buddhavita [Practical course (MA-level): Selected episodes of the Buddha-Vita] (2 hours/week). [V]
- SS 2011 Seminar: Die Mystik der Upanischaden im Spiegel der modernen Forschung [Seminary (BA-level): The mysticism of the Upaniṣads as reflected in modern research.] (1 hours/week). [V]
- SS 2011 Seminar: Die Mystik der Upanischaden im Spiegel der Primärquellen [Seminary (BA-level): The mysticism of the Upaniṣads as reflected in primary sources] (1 hours/week). [V]
- WS 2010/2011 Vorlesung (BA) Einführung in die Indologie [Lecture (BA-level): Introduction to Indology] (2 hours/week). [V]
- WS 2009/2010 Seminar: Textgenealogie, Textkritik und Editionstechnik am Beispiel des Vimānasthāna der *Carakasamhitā* [Seminary: Text genealogy, textual criticism and editorial technique with special reference to the Carakasamhitā Vimānasthāna] (2 hours/week). [B]
- SS 2009 Seminar: Sāṅkhya und Yoga in Aśvaghoṣas *Buddhacarita* [Seminary: Sāṅkhya and Yoga in Aśvaghoṣa's *Buddhacarita*] (2 hours/ week). [B]
- WS 2008/2009 Seminar: Die *Bhagavadgītā* nach dem Kommentar des Śaṅkara [Seminary: The *Bhagavadgītā* according to Śaṅkara's commentary] (2 hours/week). [B]
- SS 2008 Seminar: Kālidāsa's *Raghuvamśa* nach dem Kommentar des Vallabhadeva [Seminary: Kālidāsa's *Raghuvamśa* according to Vallabha-

deva's commentary] (2 hours/week). [B]

WS 2007/2008	Übung: Die <i>Muṇḍaka-Upaniṣad</i> im Kommentar des Śaṅkara und in der modernen Forschung [Practical course: The <i>Muṇḍaka Upaniṣad</i> according to Śaṅkara's commentary and in modern research] (2 hours/week). [B]
SS 2007	Übung: Theorie und Praxis der Komik in der altindischen Literatur [Practical course: Theory and practice of the comic in ancient Indian literature] (2 hours/week). [B]
WS 2006/2007	Übung: Die Rezeption eines klassischen indischen philosophischen Texts im modernen Neo-Advaita (II) [Practical course: The reception of a classical philosophical text in modern Neo-Advaita (II)] (2 hours/week). [B]
SS 2006	Übung: Digitalisierung und Edition indischer Handschriften [Practical course: Digitizing and editing Indian manuscripts] (2 hours/week). [B]
WS 2005/2006	Übung: Die Rezeption eines klassischen indischen philosophischen Texts im modernen Neo-Advaita (I) [Practical course: The reception of a classical philosophical text in modern Neo-Advaita (I)] (2 hours/week). [B]
SS 2005	Übung: Lektüre ausgewählter Abschnitte aus der <i>Carakasamhitā</i> [Practical course: Reading of selected passages of the <i>Caraka-samhitā</i>] (2 hours/week). [B]
WS 2004/2005	Übung: Lektüre eines Schauspiels: Kālidāsa's <i>Abhijñānaśākuntala</i> [Practical course: Reading of dramatic literature: Kālidāsa's <i>Abhijñānaśākuntala</i>] (2 hours/week). [B]
SS 2004	Sprachkurs: Einführung ins Sanskrit II [Language course: Introduction to classical Sanskrit II] (4 hours/week). [B]
WS 2003/2004	Sprachkurs: Einführung ins Sanskrit I [Language course: Introduction to classical Sanskrit I] (4 hours/week). [B]
SS 2003	Seminar: Die Lehrzeit des Siddhattha Gotama [Seminary: The apprenticeship of Siddhattha Gotama] (2 hours/week). [B]
WS 2002/2003	Seminar: Der klassische Yoga [Seminary: The Classical Yoga] (2 hours/week). [B]
SS 2002	Proseminar: Leichte Sanskritlektüre: <i>Pañcatantra</i> [Seminary: Easy Sanskrit reading: <i>Pañcatantra</i>] (2 hours/week). [B]
WS 2001/2002	Übung: Einführung ins Sanskrit III [Practical course: Introduction to

SS 2001

classical Sanskrit III] (2 hours/week). [B]

Sprachkurs: Einführung ins Sanskrit II [Language course: Intro-

duction to classical Sanskrit II] (4 hours/week). [B]

Travel

August – September 2008	Research trip to the Anup Sanskrit Library, Bikaner, for the collation of five paper manuscripts of <i>Carakasamhitā</i> Vimānasthāna 8.67–157
January – February 2007	Research trip to South India for the digitization of paper manuscripts of the <i>Carakasamhitā</i> and the <i>Āyurvedadīpikā</i>
February – March 2005	Research trip to Western India for the digitization of paper manuscripts of the <i>Carakasamhitā</i> and the <i>Āyurvedadīpikā</i>
August – October 2001	Research trip to South India for the digitization of palm leaf and paper manuscripts, and the acquisition of microfilm copies of manuscripts transmitting the <i>Pātāñjala Yogaśāstra</i> and related texts

Other Academic Activities

2020	External examiner for a PhD dissertation from the University of Queensland, Australia
2019	Reviewer for the journal <i>South Asian History and Culture</i>
2019	Reviewer of an application to the funding scheme OPUS of the Social National Science Centre, Poland
2019	Referee for the monograph series <i>Collection Indologie</i>
2018	Convenor (together with Dagmar Wujastyk) of the special section “Yoga and Āyurveda” of the 17th World Sanskrit Conference, Vancouver, Canada
2018-	Reviewer for the <i>Journal of Indian Philosophy</i>
2017	Reviewer for the journal <i>History of Science in South Asia</i>
2016	Reviewer for the monograph series <i>Brill's Indological Library</i>
2016	Reviewer for the journal <i>Religions of South Asia</i>
2015	Conception and organization of the thematic panel “The <i>Carakasamhitā</i> as a Mirror of South Asian Cultural History” at the 16th World Sanskrit Conference, Bangkok. Together with Karin Preisendanz

- 2013 Conception and organization of the thematic panel “Adaptive Reuse of Text Ideas and Images” at the 32nd Deutscher Orientalistentag, Münster. Together with Elisa Freschi
- 2013 Conception and organization of the conference “Yoga in Transformation: Historical and Contemporary Perspectives on a Global Phenomenon”.
September 19-21 2013, University of Vienna. Together with Karl Baier and

- Karin Preisendanz
- 2011 Conception and organization of the workshop “Information Technologies and Innovation in Sanskrit Based Indian Studies”, University of Vienna, Department for South Asian, Tibetan and Buddhist Studies. Together with Karin Preisendanz
- 2011 Reviewer of an application to the Standard Research Grants Program of the Social Sciences and Humanities Research Council of Canada (SSHRC)
- 2007, 2008 Referee for the journal *International Journal of Hindu Studies*
- 2007 Conception and organization of the thematic panel “Textgenealogie, Textkritik und Editionstechnik” at the 30st Deutscher Orientalistentag, Freiburg i.Br. Together with Jürgen Hanneder
- 1999 – 2001 Students’ representative in the committee for the appointment of a full professor in Indology at the University of Bonn

Memberships

- 2017 – Member of the Editorial Board of *Journal of Yoga Studies*
- 2016 – Member of the Governing Committee of the “Indology” mailing list
- 2015 – Member of the Sammlung de Nobili – Arbeitsgemeinschaft für Indologie und Religionsforschung, Vienna
- 2014 – 2015 Member of the International Association of Buddhist Studies
- 2013 – Member of the International Association of Sanskrit Studies
- 2013 – Member of the Deutsche Morgenländische Gesellschaft
- 2009 – Member of the “Historical Sourcebooks in Classical Indian Thought” project, convened by Prof. Sheldon Pollock, to be published by Columbia University Press
- 2005 – Member of the research group “South Asian Medicine” of the British Academy’s Society for South Asian Studies

Public Relation and Mass Media Interviews

- 26 November 2018 Lecture at the Yoga school “Triyoga”, London: “The *Yoga Sūtra* in South Asian Religious and Philosophical History and in Modern Academic Research”
- 11 January 2018 Public Lecture at the “Forum für Weltreligionen”, Vienna: “Reinheitsvorstellungen in ausgewählten religiösen Traditionen des

vormodernen Südasien“ [Conceptions of purity in selected

- religious traditions of pre-modern South Asia]
- 20 October 2017 Interview with the “BBC World Service – The Forum – History of Yoga” on “The Early History of Yoga”
- 14 June 2015 Participation in the teaching format “Flanieren durch die Wissenschaft” at the University of Vienna with a question time on “Was Sie schon immer über Yoga wissen wollten” [Everything you always wanted to know about Yoga]
- 28 January 2014 TV appearance (ca. 3:50 min.) in the documentary “Yoga in Transformation – Ein Symposium in Wien” with a summary of the
19:30-20:15 h
- 29 January 2014 lecture “On Postures in the Pātañjala Yogaśāstra” in a German
0:45-1:30 h, and synchronised version on the German TV-station BR-Alpha; see
9:30-10:15 h <http://tinyurl.com/jcjspee>
- 21 September 2013 Live Radio Interview with “RadioEins,” Berlin, on the conference “Yoga in Transformation”
- 13 September 2013 Interview with “Die Presse am Sonntag,” Austria, on the conference “Yoga in Transformation”
- 13 October 2011 Interview with the “Frankfurter Allgemeine Sonntagszeitung” on the critical edition of *Carakasamhitā Vimānasthāna 8*
- 12 October 2011 Interview with the radio station “Österreich 1”, Radiokolleg Mantra
- 30 May 2011 Interview with Lukas Wieselberg, Chief Science Editor of the Austrian Broadcasting Service “ORF” on the critical edition of *Carakasamhitā Vimānasthāna 8*
- 12 April 2011 Participation in the teaching format “University Meets Public” with the lecture “Der Mensch im Ayurveda” [The Human being according to Ayurveda] at VHS Ottakring, Vienna
- 10 March 2011 Participation in the teaching format “University Meets Public” with the lecture “Der Mensch im Ayurveda” [The Human Being According to Ayurveda] at VHS Penzing, Vienna